Everyday life

In Unit 4, you learn how to . . .
- use simple present statements, yes-no questions, and short answers.
- talk about your daily and weekly routines.
- answer more than yes or no to be friendly.
- use Well to get time to think.

Before you begin . . .
Find these activities in the pictures. Which activities do you do every day? Check (✓) the boxes.

- do homework
- exercise
- work
- watch TV
Lesson A

In the morning

What’s a typical morning like in your home?

“Well, I’m pretty busy. I get up early. I check my e-mail, and I listen to the radio. Then I study.”

Greg O’Neal

“Oh, I don’t like mornings. Our house is so noisy. My sister watches TV, and my brother plays games on the computer.”

Jennifer Lee

“It’s crazy. We get up late, so I eat breakfast in the car. My husband doesn’t have breakfast – he drives.”

Amanda Sanchez

“Well, I have breakfast, and my wife has coffee. We both read the newspaper. We’re pretty quiet. We don’t talk a lot.”

Alex Stern

1 Getting started

A Listen and read. Are you like any of these people?

B Can you complete these sentences about the people above?

1. Greg _______ his e-mail.
2. Jennifer’s sister _______ TV.
3. Amanda’s husband _______ _______ breakfast.
4. Alex and his wife don’t _______ a lot.

C What do you do in the morning? Check (✓) the boxes and tell the class.

- I get up early.
- I watch TV.
- I do my homework.
- I talk a lot.
- I listen to the radio.
- I check my e-mail.
2 Grammar  Simple present statements

<table>
<thead>
<tr>
<th>I eat</th>
<th>I don't eat</th>
</tr>
</thead>
<tbody>
<tr>
<td>You have</td>
<td>You don't have</td>
</tr>
<tr>
<td>We get up</td>
<td>We don't get up</td>
</tr>
<tr>
<td>They read</td>
<td>They don't read</td>
</tr>
<tr>
<td>He listens</td>
<td>He doesn't listen</td>
</tr>
<tr>
<td>She watches</td>
<td>She doesn't watch</td>
</tr>
</tbody>
</table>

**Verb endings:** he, she, it
get → gets
watch → watches
play → plays
study → studies
have → has
do → does

don't = do not  doesn't = does not

A Complete these sentences.

1. I **don't like** (not / like) mornings.
2. In my family, we **have** (have) breakfast together.
3. My mother **not / watch** (not / watch) TV.
4. My father **have** (have) coffee.
5. My parents **not / watch** (not / watch) a lot.
6. I **not / read** (not / read) the newspaper.
7. I **check** (check) my e-mail after breakfast.
8. My best friend **not / get up** (not / get up) early in the morning.

B Now write four sentences about your mornings. Compare with a partner.

```
I don't eat breakfast.
A I don't eat breakfast. How about you?
B I have breakfast every morning.
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3 Speaking naturally  -s endings of verbs

/s/ likes  /z/ listens  /əz/ relaxes

A  Listen and repeat the words above. Notice the verb endings.

B  Listen to the questions. Do the verbs end in /s/, /z/, or /əz/?

<table>
<thead>
<tr>
<th>In your group . . .</th>
<th>/s/</th>
<th>/z/</th>
<th>/əz/</th>
</tr>
</thead>
<tbody>
<tr>
<td>1. Who uses an alarm clock?</td>
<td>☐</td>
<td>☐</td>
<td>☑</td>
</tr>
<tr>
<td>2. Who gets up late?</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
</tr>
<tr>
<td>3. Who exercises in the morning?</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
</tr>
<tr>
<td>4. Who sings in the shower?</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
</tr>
<tr>
<td>5. Who eats a big breakfast?</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
</tr>
<tr>
<td>6. Who drives to class?</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
</tr>
</tbody>
</table>

C Group work  Take turns asking and answering the questions.

“Who uses an alarm clock?”  “I use an alarm clock.”
Lesson B

Routines

1 Building vocabulary

A 🎧 Listen and say the expressions. Then check (√) the things you do every week. Can you add more activities?

- take a class
- play sports
- clean the house
- go shopping
- do the laundry
- make phone calls

B For each day of the week, think of one thing you usually do. Then tell the class.

<table>
<thead>
<tr>
<th>Sunday</th>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
<th>Thursday</th>
<th>Friday</th>
<th>Saturday</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>play soccer</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

“On Mondays, I play soccer.”

2 Building language

A 🎧 Look at the questionnaire. Can you complete the last two questions? Then listen and check (√) the answers that are true for you.

**Do you have a weekly routine?**

<table>
<thead>
<tr>
<th>Yes, I do.</th>
<th>No, I don’t.</th>
</tr>
</thead>
<tbody>
<tr>
<td>1. Do you play sports every week?</td>
<td>□</td>
</tr>
<tr>
<td>2. Do you take any lessons or classes?</td>
<td>□</td>
</tr>
<tr>
<td>3. Do you check your e-mail on the weekends?</td>
<td>□</td>
</tr>
<tr>
<td>4. Do you make a lot of phone calls on Saturdays?</td>
<td>□</td>
</tr>
<tr>
<td>5. □ you □ shopping on Sundays?</td>
<td>□</td>
</tr>
<tr>
<td>6. □ you □ the laundry every week?</td>
<td>□</td>
</tr>
</tbody>
</table>

B Pair work Ask and answer all the questions. Can you give more information?

“Do you play sports every week?” “Yes, I do. I play tennis on Saturdays.”
3 Grammar Yes-No questions and short answers

Do you go to a class in the evening? Yes, I do. / No, I don’t.

Do you and your friends play sports after class? Yes, we do. / No, we don’t.

Does your mother work on the weekends? Yes, she does. / No, she doesn’t.

Do your friends make phone calls at night? Yes, they do. / No, they don’t.

A Complete the questions. Compare with a partner.

1. Do you eat a lot of snacks every day?
2. Do you make a lot of phone calls before breakfast?
3. Do you clean the house on the weekends?
4. Do you _______ your homework late at night?
5. Do you _______ TV after dinner?
6. Do your friends _______ their e-mail every day?
7. Do your teacher work in the evening?
8. Do your best friend _______ a class on Saturdays?

B Pair work Ask and answer the questions. How many of your answers are the same?

A Do you eat a lot of snacks every day?
B Yes, I do. I eat two or three snacks in the afternoon.

4 Survey

A Find people who do these things. Write their names in the chart.

Who has a busy week?

Find someone who . . .

Name

belongs to a club.
plays on a team.
works on the weekends.
has breakfast in the car.
studies English before breakfast.
gets up early on Sundays.

“Do you belong to a club?” “Yes, I do. I belong to a chess club.”

B Tell the class something interesting about a classmate.

“Anton belongs to a chess club.”

5 Vocabulary notebook Verbs, verbs, verbs

See page 42 for a new way to log and learn vocabulary.
Lesson C

Do you come here every day?

1 Conversation strategy Saying more than yes or no

A Can you answer this question with more than yes or no?

A Do you live around here?
B Yes, __________________. or No, __________________.

Now listen. What do you find out about Ray?

Tina Hi. I see you here all the time. Do you come here every day?
Ray No . . . Well, I have breakfast here before class.
Tina Oh, are you a student?
Ray Yes. I’m a law student.
Tina Really? I’m in the business school.
Ray Oh. So do you live around here?
Tina Well, I live about 20 miles away, in Laguna Beach.
Ray So, are you from California?
Tina Well, I’m from Chicago originally, but my family lives here now.

Notice how Ray answers Tina’s questions. He says more than yes or no. He wants to be friendly. Find examples in the conversation.

“Oh, are you a student?”
“Yes. I’m a law student.”

B Match the questions and answers. Then ask and answer the questions with a partner.
Give your own answers, saying more than yes or no.

1. Do you live around here? _____
2. Are you from here originally? _____
3. Do you have a part-time job? _____
4. Do you like sports? _____
5. Do you have brothers and sisters? _____
6. Do your parents live around here? _____

a. Yeah. Well, I play on a softball team.
b. Yeah, I work at a restaurant on the weekends.
c. No, they live in a small town near the ocean.
d. No, I’m from Rio originally.
e. No, I’m an only child.
f. No, I live near the beach.
2 Strategy plus **Well**

Start your answer with **Well** if you need time to think, or if your answer is not a simple *yes* or *no*.

**Are you from California?**

**Well, I'm from Chicago originally, . . .**

**In conversation . . .**

**Well** is one of the top 50 words.

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**Pair work** Practice the conversations. Then ask the questions again. Give your own answers.

1. **A** What are your neighbors like?  
   **B** Well, they're very noisy. They like loud music.

2. **A** Do you see your family a lot?  
   **B** Well, not really. They don't live around here.

3. **A** Do you study every day?  
   **B** Well, not every day. I go out with friends on the weekends.

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3 **Listening and speaking** **What's the question?**

**A** Listen to people answer the questions below. Which question is each person answering? Number the questions.

- [ ] “Do you go out on the weekends?”
- [ ] “Do you read a lot?”
- [ ] “Do you know people from other countries?”
- [ ] “Do you live with your parents?”
- [ ] “Do you exercise every day?”

**About you**

**B** **Pair work** Ask and answer the questions above. Be sure to say more than *yes* or *no* in your answers. Use **Well** if you need to.

**C** Look at each question again. Change the verb. How many new questions can you make? Then ask a partner your questions.

<table>
<thead>
<tr>
<th>Do you go out on the weekends?</th>
</tr>
</thead>
<tbody>
<tr>
<td>read</td>
</tr>
<tr>
<td>watch TV</td>
</tr>
</tbody>
</table>
1 Reading

A How much time do you spend on these activities every day? Tell the class.

- on the phone _____ hours
- at work or at school ________
- in bed _______
- in the car, or on the bus or train ________

“I spend two hours a day on the phone.”

B Read the article. How many daily activities does it talk about?

IN THE LIFETIME
OF AN AVERAGE AMERICAN...

How many hours do you spend in bed? Six or seven hours a night maybe? And how many hours do you spend in front of the TV every week? Nine or ten? That’s not a lot, is it? Well, think again. Add together all the hours you spend on these activities in a lifetime, and the total numbers are surprising.

In an average lifetime, an American works over 90,000 hours, walks an amazing 22,000 kilometers (14,000 miles), and spends three and a half years eating.

Do you call your friends a lot? An average American talks on the telephone for two and a half years. On average, Americans sleep for 24 years and watch TV for 12 years. That’s 36 years – about half a lifetime – in bed or on the couch!

C Read the article again, and complete the sentences. Compare answers with a partner. Are any facts surprising?

In a lifetime, an average American spends . . .
1. ________ hours at work.
2. ________ years on the telephone.
3. ________ years in bed.
4. ________ years in front of the TV.
2 Listening  Teen habits

A  Read about the habits of an average American teenager. Then listen to Christine talk about her habits. Complete the chart about Christine.

<table>
<thead>
<tr>
<th>An average teenager . . .</th>
<th>Christine . . .</th>
</tr>
</thead>
<tbody>
<tr>
<td>drinks 16 cans of soda a week.</td>
<td>drinks about ___ cans of soda a week.</td>
</tr>
<tr>
<td>eats dinner at home 3 times a week.</td>
<td>eats dinner at home ___ times a week.</td>
</tr>
<tr>
<td>spends about 5 hours a month online.</td>
<td>spends about ___ hours a month online.</td>
</tr>
<tr>
<td>watches TV 20 hours a week.</td>
<td>watches TV ___ hours a week.</td>
</tr>
</tbody>
</table>

B  Pair work  Do you have the same habits as an average American teenager? Ask and answer questions.

“Do you drink 16 cans of soda a week?”  “No, I drink about 2 cans a week. What about you?”

3 Writing and speaking  An average week

A  Complete the sentences. Then tell a partner. Take notes on your partner’s activities.

<table>
<thead>
<tr>
<th>My week: On average . . .</th>
<th>My partner’s week: On average . . .</th>
</tr>
</thead>
<tbody>
<tr>
<td>I study / work ______ hour(s) a week.</td>
<td>___________________________</td>
</tr>
<tr>
<td>I exercise ______ hour(s) a week.</td>
<td>___________________________</td>
</tr>
<tr>
<td>I use a cell phone ______ time(s) a day.</td>
<td>___________________________</td>
</tr>
<tr>
<td>I go out with my friends ______ night(s) a week.</td>
<td>___________________________</td>
</tr>
<tr>
<td>I spend ______ hour(s) with my family on weekends.</td>
<td>___________________________</td>
</tr>
</tbody>
</table>

B  Write an e-mail message to a friend about your partner. Use your notes to help you.

From: Gustavo Martinez <gmartinez5@cup.org>
To: Hiro Ono <hiroshiono@cambridge.org>
Subject: My new friend

Dear Hiro,
I have a new friend in my English class. Her name is Mei-ling. She has a busy week. Mei-ling works 40 hours a week.

C  Group work  Take turns reading your messages aloud. Who has a different or surprising routine?

4 Free talk  Interesting facts

See Free talk 4 for more speaking practice.
**Vocabulary notebook**

**Verbs, verbs, verbs**

**Learning tip** *Drawing pictures*

Draw and label simple pictures in your notebook. The pictures below show different verbs.

1. Label the pictures. Use a verb to describe each activity.

   ![Picture 1](read the newspaper)

2. Draw and label your own pictures of activities.

   ![Draw your own pictures](Draw your own pictures)

3. Complete the chart with your everyday activities.

   **Write two things you do . . .**

<table>
<thead>
<tr>
<th>every day</th>
<th>I read the newspaper.</th>
</tr>
</thead>
<tbody>
<tr>
<td>in the afternoon</td>
<td></td>
</tr>
<tr>
<td>on Sundays</td>
<td></td>
</tr>
<tr>
<td>after breakfast</td>
<td></td>
</tr>
<tr>
<td>before bed</td>
<td></td>
</tr>
</tbody>
</table>

**On your own**

Write labels for the things you do every day. Put your labels around the house.