



April

Headstart Breakfast & Lunch Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FUN FRIDAY!
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Served Daily

Seasonal Fruit Variety

Seasonal Vegetable Variety

1% White Milk &
Nonfat Milk

ALL STUDENTS

EAT FREE!

All Grains are
Whole Grain Rich!

*pepperoni pizza contains pork

8 <u>Breakfast:</u> Assorted Cereal <u>Lunch:</u> Orange Chicken w/Rice & Steamed Broccoli	9 <u>Breakfast:</u> Concha <u>Lunch:</u> Kickin' Chicken Nuggets w/ Goldfish Crackers	10 <u>Breakfast:</u> Yogurt Parfait w/Strawberries <u>Lunch:</u> Pepperoni or Cheese Pizza	11 <u>Breakfast:</u> Assorted Cereal <u>Lunch:</u> Cheeseburger or Hamburger	
15 <u>Breakfast:</u> Assorted Cereal <u>Lunch:</u> Spaghetti w/Meat Sauce & Garlic Knot	16 <u>Breakfast:</u> Concha <u>Lunch:</u> Kickin' Chicken Nuggets w/ Goldfish Crackers	17 <u>Breakfast:</u> Yogurt Parfait w/Strawberries <u>Lunch:</u> Pepperoni or Cheese Pizza	18 <u>Breakfast:</u> Assorted Cereal <u>Lunch:</u> Crispy Chicken Sandwich	19 <u>Breakfast:</u> Blueberry Cinnamon Crumble <u>Lunch:</u> Turkey & Gravy w/Mashed Potatoes & Roll
22 <u>Breakfast:</u> Assorted Cereal <u>Lunch:</u> Teriyaki Chicken w/Rice & Broccoli	23 <u>Breakfast:</u> Concha <u>Lunch:</u> Kickin' Chicken Nuggets w/ Goldfish Crackers	24 <u>Breakfast:</u> Yogurt Parfait w/Strawberries <u>Lunch:</u> Pepperoni or Cheese Pizza	25 <u>Breakfast:</u> Assorted Cereal <u>Lunch:</u> Mini Cheeseburgers	
29 <u>Breakfast:</u> Assorted Cereal <u>Lunch:</u> Macaroni & Cheese w/ Garlic Knot	30 <u>Breakfast:</u> Concha <u>Lunch:</u> Kickin' Chicken Nuggets w/ Goldfish Crackers			

Fruit and Vegetable Offerings

Dried Apple Crisps Steamed Broccoli Baby Carrots	Seasonal Fruit Steamed Corn	Banana Tater Tots Baby Carrots	Seasonal Fruit Feta Bean Salad Baby Carrots	Apples Slices Green Beans
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